

# Diet And Health: With Key To The Calories By Lulu Hunt Peters

By Lulu Hunt Peters

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<http://www.doctorsreview.com/history/queen-calories/>

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Author: Lulu Hunt Peters; Category: Self Help - Health and Fitness; Length: 116 pages

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<http://healthyfoodtrust.com/30062/diet-and-health-with-key-to-the-calories-by-lulu-hunt-peters/>

**1918 - Dietary Timeline - Social Issues Research -**

1918. The publication of Diet and Health, with key to calories, by Lulu Hunt Peters. The book is cited by Austin as the first best-selling diet book in the U.S. and

<http://www.sirc.org/timeline/1918.shtml>

**11 Completely Scientific, Not At All Dubious Diets -**

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Lulu Hunt Peters (1873 1930) was an Diet & Health: With Key to the Calories. She was the first person to widely popularize the concept of counting calories as a

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### **p.5-6. Diet and Health: With Key to the Calories -**

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Then why not try the Modernist Lulu Hunt Peters' diet for Lose pounds Lulu's so long as they do not consume more than 1200 calories a day. The diet

<http://www.manchestereveningnews.co.uk/news/fashion-news/lose-pounds-lulus-way-946288>

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Diet and Health : With Key to the Calories (Lulu Hunt Peters) at Booksamillion.com. .

<http://www.booksamillion.com/p/Diet-Health/Lulu-Hunt-Peters/9781294149941>

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Do you read the calorie count listed on a menu before ordering your lunch? And does it affect what you order? Fast food restaurants around the country are poised to

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1200 Calorie Diet The Original. The concept of the 1200 calorie diet first gained notoriety in 1918 by Lulu Hunt Peters in her book Diet and Health; With Key to

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<http://calorielab.com/news/2005/09/16/lulu-hunt-peters-and-the-birth-of-the-modern-diet-book/>

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